

**RCMP VETERANS' ASSOCIATION
EDMONTON DIVISION
SPECIAL INFORMATION PACKAGE**

Upon Your Death



**Compiled for the information of all retirees and their families
on behalf of your Edmonton Division Executive**

Your Edmonton Veterans' Association Executive has prepared the following to help the spouse, executor, or executrix in the event of a pensioned member's death, but the information can be helpful to anyone experiencing a death within their family. There are several website links contained in this package, and should you experience difficulty with any of these links or the contact people provided, please contact the Edmonton Division's President as noted on page #9.

WHAT TO DO WITH RCMP UNIFORMS/KIT WHEN A FORMER MEMBER DIES

In light of the tragic events that occurred in Nova Scotia in 2020, in most cases former members are in possession of RCMP uniforms/kits. **These items remain the property of the Crown** and as such are not to be sold, given to charity, or thrown into a dumpster, etc. The RCMP requests these uniforms be destroyed, and **"destroyed" truly means destroyed, cut up or burned** or returned to "K" Division HQ's RCMP for disposal: 11140 - 109 Street, Edmonton AB T5G 2T4, Attention: "K" Division Warrant Officer. Should you have questions or require assistance with this process, please email the "K" Division Warrant Officer's office at RCMP.KWarrantOfficers-KSous-officiersbrevetes.GRC@rcmp-grc.gc.ca or Phone: 780-412-5502.

Keep this information with your Will

In life, there are only two certainties, death and taxes and you must be prepared for both eventualities. The first prerequisite is to have a legal, properly registered **'Last Will & Testament'** to assist the executor/executrix to manage the transfer of assets to the beneficiaries of your estate. In conjunction with the preparation of a Will, you should compile an **accurate record of the assets** of your estate. This record should be stored in an accessible location so the executor/executrix can settle the estate efficiently and effectively. Obtaining the assistance of your banker, financial consultant and/or lawyer is often advisable. Most bankers will say in the event of a death they should be among the first notified. Every bank has different policies with respect to access to accounts and, therefore, it is advisable to discuss this eventuality with them, so you are familiar with their process. **NOTE:** *Couples should be aware when one of them is the Primary Credit Card Holder, the spouse as the co-applicant of that credit card will NOT be allowed to use the Credit Card when the primary holder dies. This is particularly important if the couple do a lot of travelling. Check with your Credit Card Company as to their policy.*

When a retired member on pension dies, the survivor, executor/executrix of the estate **MUST** immediately contact and inform **The Government of Canada (RCMP) Pension Centre** at:

**Public Services and Procurement Canada
Government of Canada Pension Centre - Mail Facility
PO Box 8500
Matane, QC G4W 0E2**

In Canada and/or United States: Toll Free: 1-855-502-7090

Outside Canada and the United States

Ph: 506-533-5800 (collect calls accepted) Monday to Friday 8:00 am to 5:00 pm (**Atlantic Time**)

Email: pensioncentrercmp.centredespensionsgrc@pwgsc-tpsgc.gc.ca

Fax: 1-418-562-7965

When you contact the Pension Centre be prepared to provide the following information:

- Full Name of RCMP Pensioner
- Pension Number

- Regimental Number & Rank
- Date of Birth
- Date of Death
- Immediate next of kin, including street address and telephone number
- Social Insurance Numbers (SIN) of the survivor, spouse and any dependent children
- A copy of the Provincial death certificate or a Funeral Director's Statement of Death will be required in due course. **NOTE:** If the pensioner's spouse has predeceased, a copy of his/her death certificate or Funeral Director's Statement of Death will also be required.

Although this is a stressful time it is important the Pension Centre be advised as soon as possible and once notified, the survivor - executor/executrix - will receive a letter in approximately two weeks from the Pension Centre advising the basic and/or optional life insurance (Great West Life Insurance) of the deceased member. It may take five to eight weeks for the Death Package material advising options available with respect to pension benefits to arrive. Should these materials not be received in a timely fashion it is highly recommended the Pension Centre be contacted by telephone or email to ensure they have forwarded your letter and information package.

The spouse/executor will be required to complete separate forms to establish eligible survivor benefits and insurance payouts when applicable. Other things to be considered are:

- Taxes payable on the deceased member's pension
- Advising Alberta Health Care (usually taken care of by Funeral Home)
- Continuation of Public Service Health Care Plan (PSHCP) - Extended Health, administered by Canada Life <https://my.canadalife.com> – Phone: 1-855-415-4414
- Continuation of Dental Plan – spouse will receive Form and must apply to gain benefits, administered by Canada Life <https://my.canadalife.com> – Phone: 1-855-415-4414
- Direct Deposit (to be set up in spouse's name)
- Canada Pension Plan Lump sum benefits
- Canada Pension Plan Survivor Benefits
- Advice to current or previous employers

Note: Most benefits must be applied for within **60 days** of the date of death.

RCMP Group Life & Disability Insurance Plans

The administration of the RCMP Group Life & Disability Insurance Plans is SEB (Smart Employee Benefits) Administrative Services Inc.

Contact Information:

RCMP Benefits Administration Centre c/o SEB Administrative Services Inc.
4th Floor, 5500 Explorer Drive
Mississauga, Ontario L4W 5C7, Canada
Phone: 1-833-231-0648

Email: info@seb-admin.com **SEB Website:** <https://seb-admin.com/>

CHANGES TO YOUR PERSONAL INFORMATION: To update your personal information such as your mailing address or to make changes to your pension benefits, e.g., beneficiary, contact the Pension Centre by telephone or email. Their contact information is as noted above.

The following Alberta Government Web Page dealing with “Death” also has some useful information:
<https://www.alberta.ca/death.aspx>

BURIAL MARKERS - (RCMP policy noted below:

The three options are:

1. Upright Granite Headstone
2. Flat Granite Headstone (flush with ground)
3. Flat Bronze marker, mounted in a granite base (raised about 4" above ground)

All bear the RCMP crest, member's name, rank, regimental number, date of birth and date of death (see example photo's below).



UPRIGHT GRANITE HEADSTONE

76.2 cm high
45.72 cm wide
7.62 cm thick



FLAT GRANITE MARKER

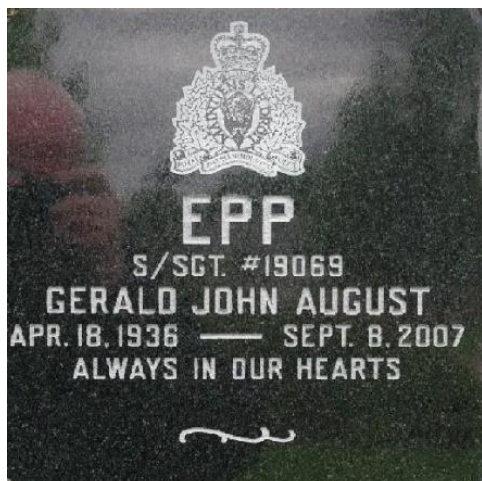
50.8 cm wide
30.48 cm high
7.62 cm thick



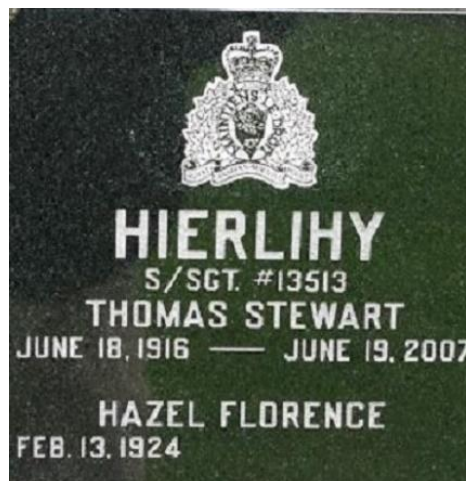
FLAT BRONZE MARKER

60.9 cm wide
30.48 cm high
.635 cm thick
Inscription Raised .32 cm

EXAMPLE NICHE PLATES



**Niche Plate
With Member Only**



**Niche Plate with Member
and Spouse**

The following are excerpts from the RCMP National Compensation Manual.

13. 2. Serving Member including Retired to Pension

13. 2. 1. Plot or Niche

13. 2. 1. 1. Deceased members who died while serving, or members retired to pension eligible for an immediate annuity or annual allowance at the time of discharge, and the remains of RMs transferred from a lonely grave, are eligible for a plot or a columbarium niche, at no cost, in an RCMP-designated cemetery.

13. 2. 1. 1. 1. This benefit will remain in force, even if the member retired to pension is subsequently re-employed and surrenders their annuity, in recognition of their RCMP service.

13. 2. 1. 2. Eligible survivors, as outlined in sec. 13.1.9., are also eligible for burial in RCMP-designated cemeteries, as space allows. Any additional costs, including a larger plot or niche, or the opening or closing of the grave site, to accommodate a survivor, will be at the estates expense.

13. 2. 1. 3. The remains of a survivor, as outlined in sec. 13.1.9., may be placed in the same plot or niche, as the deceased member, at the expense of the estate, provided the remains can be accommodated, and the request complies with local cemetery restrictions.

13. 2. 1. 4. Pre-selection in a RCMP-designated cemetery of a burial plot or niche will not be accepted before the death of an eligible person. After the death of an eligible person, at the request of the next of kin, the CO/delegate will make arrangements for the burial in a RCMP-designated cemetery.

13. 2. 1. 4. 1. The cost associated to the single portion of a double plot selected before the member's death will be reimbursed only at the death of the member. Ensure the original invoice and receipt are retained and that the single plot cost is shown on that original invoice for future payment from public funds.

13. 2. 2. Burial Markers

13. 2. 2. 1. The specifications for the RCMP regimental headstone and markers are outlined in App. 2-2-10.

13. 2. 2. 2. The CO/delegate has authority to reimburse the provider, the next of kin, or the Executor/Executrix of either a deceased serving member or retired pensioner who retired with an immediate annuity or annual allowance under the RCMP Superannuation Act or RCMP Pension Continuation Act, an amount from public funds in keeping with current market prices for those items listed below. Arrangements should be made on behalf of the survivors or Estate by the CO/delegate with a local manufacturer, for the manufacture, transportation, and placement of a:

13. 2. 2. 2. 1. regimental headstone or marker, and base, if required, if burial takes place in Canada; or

13. 2. 2. 2. 2. for the payment of a non-regimental headstone, marker, or niche marker of choice in Canada to a maximum of \$220, provided there is a reference on the headstone, marker, or niche to the member's service in the RCMP.

13. 2. 2. 3. Ensure the next of kin is aware that the choice of headstone or marker must comply with local cemetery restrictions. This is of particular importance as these markers are no longer centrally produced.

Regimental headstones or markers provided by the RCMP bear a uniform size and inscription, and no change from the format is allowed. See App. 2-2-10.

13. 2. 2. 4. The CO/delegate can authorize the placement of a RCMP regimental headstone or marker in a RCMP cemetery, or on any lonely grave, when it is not feasible to transfer the remains to a RCMP cemetery.

Burial Entitlements:

If next of kin of an eligible person, as per the policy above, is interested in a plot for burial or a niche in a columbarium in one of the following RCMP-designated cemeteries, contact information is as follows:

For more information on Regimental Headstone/Markers please contact:

RCMP K Divisional Wellness Unit

11140 – 109 Street NW

Edmonton, AB T5G 2T4

Email : RCMP.KWellnessUnit-Kunitedebien-etre.GRC@rcmp-grc.gc.ca

Phone: 780-412-5296 (M-W-F) - Coordinator for Headstones with the Wellness Unit

Depot Division and Northwest Mounted Police Cemetery, Battleford, Sask.

To arrange interment in the Depot Cemetery or the NWMP Cemetery in Battleford, SK., **please send an email** to - RCMP.RCMPChapel-ChapelleGRC.GRC@rcmp-grc.gc.ca - for burial plots OR a Niche in the Columbarium. You may also call their office at 639-625-3489. The Chaplaincy Office Coordinator will provide you with the necessary information and form to begin the process. On your behalf, the Coordinator will:

- (a) confirm your burial entitlements with the Pension Centre,
- (b) reserve the Chapel or Cemetery as required,
- (c) submit an Events Request Form,
- (d) co-ordinate the creation of the grave or columbarium marker,
- (e) arrange for a chaplain to lead the service and
- (f) coordinate security arrangements.

Our objective is to make the process of interment in the RCMP Cemeteries as straightforward as possible, while providing an atmosphere of compassion, dignity and respect for our Members, Veterans and their families. The Chaplaincy Office Coordinator is also available to assist you in pre-planning funeral arrangements at these RCMP Cemeteries.

Maple Creek, Saskatchewan: Cemetery is full; no longer accepts burials.

RCMP Fort Saskatchewan Cemetery

The RCMP Cemetery is located within the confines of the City of Fort Saskatchewan's Cemetery located at 11086 – 86th Ave., Fort Saskatchewan, Ab. For those interested in a burial plot OR a niche in the Columbarium please contact **RCMP K Divisional Wellness Unit** as noted above.

NOTE: When an RCMP headstone or marker is ordered it will take up to three to four months for the entire process: ordering, delivery, and installation.

When obtaining a niche in the Columbarium the process will take two to three weeks to have the niche plate engraved **which is done by Summit Memorials Ltd., 4435 97 Street NW, Edmonton, AB** - Ph: 780-433-7100. Installation of the niche plate is done by the City of Ft. Saskatchewan personnel.

RCMP National Memorial Cemetery - Ottawa

The cemetery is located at 280 Beechwood Ave., **Ottawa, Ontario** (K1L 8E2) and it is not an RCMP owned cemetery. In order to receive a plot or columbarium niche at public expense, it is imperative **authorization** be received from the Director General of the RCMP National headquarters **before purchasing** a plot/columbarium niche. The RCMP will not reimburse if authorization was not granted before the purchase. Members considering this option are encouraged to contact the Member Services Director of the Ottawa Division of the Veterans' Association for assistance in making the appropriate arrangements. Other inquiries can be made by contacting Beechwood liaisons at Beechwood, Funeral, Cemetery, and Cremation Services:

Tel: 613-741-9530, Fax: 613-741-8584, Email: info@beechwoodottawa.ca or through this website: <http://www.beechwoodottawa.ca/en/communities/defence-and-security-services/rcmp-national-memorial-cemetery>

Edmonton Veterans' Association makes Urns available at no cost **to Active Members of the RCMP Veterans' Association, Edmonton Division ONLY and their spouse** who have died; picture of Urn as noted to the right. These urns are made by one of our Veterans at no cost to our Association. **Non-Vet members** can obtain similar urns through Barn and Stable Regimental Trunks & Urns at their website: <http://barnandstable.com/> or Email: info@barnandstable.com or Phone: 604-574-2764.



Edmonton RCMP Vets have a "pall" which can be used to cover a casket or folded and placed on a table at a Memorial Service. It is elaborate with blue and gold trim and the RCMP VETERAN'S CREST on each end. Our Veteran's Association will contact the member's NOK to see if they wish to use this item, and if so, it will be delivered to the service site. Should the family wish an Honour Guard, please contact the Edmonton Vets at honourguard@edmrmpvets.ca for information.

A member of the Golden Horseshoe RCMP Veterans Association, living in Hamilton, ON specializes in the sale of cultured marble cremation urns. He will pass on price savings to Vet Members compared to prices normally found at funeral homes or cemeteries. Contact information is as follows: Dave Miller, Kada Tributes: Webpage: kadatributes.ca Phone: 1-905-512-5494

“K” Division Peer to Peer System

The internal peer to peer system is part of the RCMP's Employee Assistance Policy. It provides all categories of RCMP employees **and Veterans** with access to internal Peer to Peer Coordinators. Whether it's a work-related or personal issue, Coordinators can provide information on the services offered through Health Canada's Employee Assistance Services (EAS), as well as resources within the RCMP that could help address the situation.

The Peer-to-Peer System will be administered at Divisional level under the direction of the Commanding Officer. In this way, it can be developed to focus on specific needs of the division, guided by a national Employee Assistance Policy. The Peer-to-Peer Advisors will be administered in "K" Division under the direction of the Peer-to-Peer Coordinators, Northern & Southern Alberta.

The RCMP "K" Division Peer to Peer Coordinators

Northern Alberta

Cpl. Jocelyn Cardinal

Email: jocelyn.c.cardinal@rcmp-grc.gc.ca

Ph: 780-412-5373 or Cell: 780-224-3880 (24 hrs.)

Southern Alberta

Sgt Travis Pereira

Email : Travis.PEREIRA@rcmp-grc.gc.ca Cell : 1-403-990-7282

Office Email: RCMP.KConfidentialPeerSupport-Kconfidentielleentrepairs.GRC@rcmp-grc.gc.ca

“K” Division Spiritual Wellness Service Program Mission Statement

“K” Division Spiritual Wellness Services program is here to supply encouragement and support for all members, employees, veterans, and families of the RCMP. Our goal is to promote and provide member wellness for all “K” Division employees in a caring and non-judgmental manner by providing the following services:

- Member care in the event of any serious incidents, professional or personal
- On call care that is provided 24/7 by men and women in your local community that are professionals who have a heart for you and your family’s well-being.
- Professionally trained people who will listen in a confidential manner when called upon by you.
- Accompanying members with next of kin notifications
- Attending critical incident stress debriefings and defusing’s
- Officiating marriages, celebrations of life, baptisms for members and their families.
- Conducting hospital visitations
- Providing and supporting spousal support groups in local detachments and communities
- Helping introduce new employees and families to their new communities
- Being a resource for all employees to provide tools that can strengthen marriages and families

There are voluntary chaplains throughout Alberta. If you wish to contact one within your area, please contact Kees Kikkert as noted on Page #9.

Support for Operational Stress Injury Program (SOSI)

The Support for Operational Stress Injury (SOSI) Program provides peer support to employees of the RCMP, regardless of rank or category of employee, **as well as veterans.**

Have you been recently diagnosed with an operational stress injury (OSI), or are you experiencing symptoms from OSIs? If you are having trouble with your daily routine, **don't suffer in silence!** Our SOSI coordinators can help.

Our peer support network will connect you to a supportive community of people with similar experiences and resources to help.

Our coordinators can if you choose:

- meet with you one-on-one
- provide helpful resources and information
- help you connect with others who are in similar situations
- facilitate group discussions

You are in control of how fast or slow you go from here and how much support you want. Your conversations are kept **confidential, respectful, and non-judgmental** at all times.

K Division Contact:

*Glen Haner, Support for Operational Stress Injuries - **Support. Connection. Resilience***

K Division

Phone 403-699-2421 - Cell 587-439-2622

Email: glen.haner@rcmp-grc.gc.ca

Other web sites and phone information that may be of interest are as follows:

- Government of Canada: <https://www.canada.ca/en.html>
- Canada Life 100 Osborne Street North Winnipeg, Manitoba R3C 1V3 – [Click Here](#):
Phone: 1-855-415-4414
- Public Service Health Care Plan (PSHCP) Toll free: 1-888-757-7427 in Canada. For all other contact numbers proceed to the webpage: <http://www.pshcp.ca/>
- Canada Pension Plan Survivor Benefits: Ph: 1-800-277-9914
<https://www.canada.ca/en/services/benefits/publicpensions/cpp/cpp-survivor-pension.html>
- Service Canada: <https://www.canada.ca/en/employment-social-development/corporate/portfolio/service-canada.html>
- National Association of Federal Retirees (formerly known as Federal Superannuants National Association): <https://www.federalretirees.ca>
- Veterans Affairs Canada: Ph: 1-866-522-2122 (English) <http://www.veterans.gc.ca/eng/> 1-866-522-2022 (French) <https://www.veterans.gc.ca/fra/>
- RCMP Pension Site : <https://www.rcmp-grc.pension.gc.ca/>
- Canada Services Benefits: <https://www.canada.ca/en/services/benefits/finder.html>
- Canada Services Deaths: <https://www.canada.ca/en/services/life-events/death/notify.html>
- Echelon Wellness: <https://www.echelonwellness.ca/>
- Decluttering your home after the loss of a loved one, [Click Here](#):

For clarification on any of the information within this document contact:

FOR AN HONOUR GUARD: Eric LAFOY: Cell: 587-986-9563 – honourguard@edmrmpvets.ca

PAST PRESIDENT: Kees KIKKERT: Cell: 780-991-5030 - pastpresident@edmrmpvets.ca